

Table 1.5: Disability Patterns for Study Ineligible and Eligible Participants¹

Tasks with Difficulty (%)	Eligibility Status and Disability Level				
	Ineligible for Study ²		Eligible, Participated in Baseline		
	Total (N=2226)	One Domain (N=714)	Moderate ³ (N=343)	ADL Difficulty	
				Receives No Help (N=478)	Receives Help (N=181)
Upper extremity domain					
Raising your arms up over your head ⁴	1.7	5.2	20.4	28.0	45.9
Using your fingers to grasp or handle ⁴	3.8	11.8	25.7	39.2	49.2
Lifting or carrying something as heavy as 10 pounds, for example a bag of groceries ⁴	2.2	6.9	61.5	65.1	79.2
Number of tasks ⁵					
0	93.0	78.3	16.9	19.7	7.7
1	6.4	19.9	62.1	42.7	34.8
2+	0.6	1.8	21.0	37.7	57.5
Mobility domain					
Walking for a quarter of a mile, that is about 2 or 3 blocks ⁴	12.6	39.4	66.7	77.6	88.4
Walking up 10 steps without resting ⁴	5.1	15.9	40.6	56.9	78.1
Getting in and out of bed or chairs ⁴	2.2	6.7	1.8	52.3	61.9
Doing heavy housework such as washing windows, walls or floors ⁵	13.0	40.3	78.7	81.8	95.6
Number of tasks ⁵					
0	77.2	29.0	0.9	2.9	0.6
1	15.0	46.8	37.6	13.4	5.5
2+	7.8	24.2	61.5	83.7	93.9
Higher functioning domain					
Using the telephone ⁶	0.8	2.5	7.9	11.3	24.3
Doing light housework such as doing dishes, straightening up or light cleaning ⁶	0.0	0.1	10.2	25.5	69.1
Preparing your own meals ⁶	0.1	0.4	6.4	15.9	65.8
Shopping for personal items, such as toilet items or medicine ⁶	0.6	1.7	29.5	46.7	81.2
Number of tasks ⁵					
0	98.7	95.9	58.6	42.1	9.9
1	1.1	3.4	32.1	30.8	12.2
2+	0.2	0.7	9.3	27.2	77.9
Total number of tasks ^{5,7}					
0	67.9	-	-	-	-
1	23.4	73.0	-	-	-
2	6.7	20.9	27.1	6.9	0.6
3	1.7	5.2	27.1	9.2	1.1
4	0.4	1.0	24.5	13.2	1.1
5	0.0	0.0	13.1	14.0	3.3
6	0.0	0.0	5.3	13.8	12.7
7	0.0	0.0	2.0	12.6	8.3
8+	0.0	0.0	0.9	30.3	72.9

(Women's Health and Aging Study, screening and baseline interviews, 1992-1995)

¹ All variables have less than 2% missing data. Results are based on non-missing data. Table uses unweighted data.

² Excludes cognitively impaired women.

³ No ADL difficulty; disabled in two or more domains (see Chapter 1).

⁴ The screener question is in the form "By yourself, that is, without help from another person or special equipment, do you have any difficulty . . . ?" For study participants the presence of the condition was confirmed in the baseline interview.

⁵ Categories may not add up to 100% due to rounding.

⁶ The question is in the form "Because of a health or physical problem, do you have any difficulty . . . (by yourself)?"

⁷ Based on items from all four domains of disability (Table 1.1).